



Consequences and Challenges of Ageing (PE 8)

Theme 4 Life trajectories between healthy ageing and frailty

Understanding age-related changes in cognition, emotions and behaviours as people progress through adulthood into older age, focusing both on the physiological aging process and on risk factors for diseases and their progression. Focusing on multidimensional approaches to health in the physical, cognitive, behavioural and social domains.

Task 3.2

SHAFE environments for active and healthy ageing

The activity is aimed at identifying an interrelated system of technological, environmental and functional-spatial requirements and indicators for the prefiguration of conditions of use of smart, healthy and age-friendly indoor and outdoor environments, in which the organization and management of the living space interacts with the Person and his/her needs through technological supports, including digital solutions.

The set of requirements is functional to the design of usable autonomous living environments able to be integrated with usable "intelligent" and shared services for health and socialization, also suitable for offering a response to climatic, pandemic and pollution impacts, guaranteeing full accessibility and safety, focusing healthy aging in a life-course perspective.

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